Crossioads

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Lajes Weather

Saturday Mostly cloudy High 64 Low 59 Sunday Mostly cloudy, afternoon rain showers High 63 Low 55



Courtesy of the 65th OSS weather flight



Is the message of Martin Luther King Jr. relevant today?

By Tinisha Agramonte U.S. Air Force Academy Equal Opportunity Office

U.S. AIR FORCE ACADEMY, Colo. (AFPN) — January marks the start of the New Year as well as the celebration of Martin Luther King Jr. Dav.

Today, we recognize the everchanging demographics in our country, schools and work areas. These changes have influenced the way we relate to one another and how we do business.

In recent years, managing diversity has become a business imperative. Senior Air Force leaders have stated that the service's capability to function as a team and accomplish its mission depends on respecting diversity.

Brig. Gen. Dana Born, academy dean of the faculty, supported the same view during a recent symposium at the Women in Military Service for America Memorial.

"Without integrity and mutual respect, we simply aren't a team," General Born said. "And that's the heart of our philosophy of officer development at the Academy and Airmen development in our Air Force doctrine."

The Rev. King espoused the message of diversity management before the term became widely used. His work, words and legacy embody not only diversity principles, but also the Air Force core values.

He spoke of the three major pillars that form the foundation for diversity management – the legal case, the moral case and the business case. When advocating legal rights and equitable treatment through various marches, protests and boycotts, he didn't champion one racial, religious, age or gender group, but rather all people.

He said, "I have a dream: that one day this nation will rise up and live out the true meaning of its creed — we hold these truths to be self-evident that all men are created equal."

His actions led to laws that protect the rights of all and in doing so, benefit others. Many people are thankful they are able to maneuver strollers and luggage on curbs and ramps created by law to allow equal accessibility to those in wheelchairs

He dreamed of a time when people would feel compelled morally to treat people equitably:

"I have a dream that my four little children will one day live in a nation where they will not be judged by the color of their skin, but by the content of their character."

He demonstrated the adverse economical consequences businesses can suffer when inequities are permitted; the Montgomery bus boycott crippled that city's and Alabama's economy as a whole.

More pertinent to Airmen are the relation of his words to the Air Force core values.

Integrity First — "Cowardice asks the question — is it safe? Expediency asks the question — is it politic? Vanity asks the question — is it popular? But conscience asks the question — is it right? And there comes a time when one must take a position that is neither safe, nor politic, nor popular; but one must take it because it is right."

Service Before Self — "Life's most persistent and urgent question is: 'What are you doing for others?'"

Excellence in All We Do — "Everyone can be great, because everyone can serve. You don't have to have a college degree to serve. You don't have to make your subject and verb agree to serve. You only need a heart full of grace. A soul generated by love."

His work has left an indelible mark on America's history. However, his story is not the only one.



WASHINGTON (AFPN) — Then-President Ronald Reagan signs the bill commemorating Martin Luther King Jr.'s birthday as a national holiday on Nov. 2, 1983 in the White House rose garden. The first observation was Jan. 20, 1986. This year's observance will mark the 77th birthday of Martin Luther King, Jr. and the twentieth anniversary of the national holiday in his honor. The holiday celebrates the life and legacy of Rev. King who was one of America's leading Civil Rights activists. (Courtesy of the Ronald Reagan Presidential Library)

The purpose of ethnic observances is to shed light and celebrate the accomplishments and contributions of a diverse group of Americans who helped shape America — not to illicit pity for one group, while discounting another. The Air Force's ability to maintain air and space dominance will rely heavily on its ability to recruit and retain the best and the brightest.

That ability is enhanced when people perceive that equitable treatment, human dignity and respect extend to all. The stories shared and lessons learned from those who exhibit the core values we strive to live by, make the observances relevant and serve as reminders of what is required to achieve mission

Crossroa

The 65th Air Base Wing Public Affairs staff prepares all editorial content in the Crossroads. The 65th ABW Public Affairs Office (Unit 7710, APO AE 09720), is located in Bldg. T-100, Room 240.

This funded Air Force newspaper is an authorized weekly publication for members of the U.S. military services overseas.

Contents of the Crossroads are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense or the Department of the Air Force.

The Crossroads staff encourages its readers to call, fax or e-mail with ideas or corrections. Call 535-3347 to speak to a Crossroads staff member, fax information to 535-6326, e-mail news@lajes.af.mil.

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USAFE celebrates 64 years of service

RAMSTEIN AIR BASE, Germany (USAFENS) – U.S. Air Forces in Europe — the Air Force's oldest active major command — celebrates its 64th anniversary this month.

It is a command that has helped shape world events since its inception during World War II. Its legacy continued through the Cold War, conflicts in Southeast Asia, and remains equally vital today as we continue that tradition in the global war on terrorism, said Gen. Tom Hobbins, the 34th and current USAFE commander.

"For more than half a century, USAFE airmen have taken the fight to America's and our allies' enemies," General Hobbins said. "All Airmen and civilians assigned to USAFE today, like those who came before, should take pride in the fact that, every day, their service to our nation adds to this command's proud legacy."

What became USAFE began its existence as Eighth Air Force at Savannah, Ga., on Jan. 19, 1942. A few weeks later, the War Department put Eighth Air Force at the center of the Allies' plans for winning the war by giving it the mission of directing the U.S. strategic bombing campaign against Axis Europe from the United Kingdom.

In February 1944, the headquarters took control of strategic bombing missions based in the Mediterranean. The broader mission brought with it a new name, U.S. Strategic Air Forces in Eu-

rope, later shortened to U.S. Air Forces in Europe in August 1945.

U S A F E helped deter Soviet attack on Western Europe though the long



years of the Cold War, contributed forces to victorious coalitions in the Persian Gulf War and the Balkans conflict in the 1990s, and saved countless lives while participating in nearly 200 humanitarian operations.

Its commanders have included such legendary Air Force leaders as Gen. Carl Spaatz, Gen. Curtis E. LeMay, and Gen. Lauris Norstad, and more recently Gen. Michael Ryan and Gen. John P. Jumper, both of whom later served as Air Force Chief of Staff.

The headquarters' continuing commitment to excellence is reflected in the fact that it has won 11 Air Force Organizational Excellence Awards since 1986. Its current missions include strengthening America's ties with the more than 90 countries in its area of responsibility and defending American interests in the region against the full spectrum of threats.

The command has played a leading role in the global war on terrorism, deploying people and equipment to Afghanistan, Iraq and the Persian Gulf region, as well as the trans-Sahara region of northern Africa.

Good to know

Change for residents with local employees

Residents, who have local nationals as gardeners, seamstresses, nannies, maids or any other employee, must now ensure employees have proper identification.

Beginning Feb. 1, all domestic help employees must have an Air Base-4 issued pass or they may be prohibited from entering military family housing.

SARC

Capt. Ted West is the Sexual Assault Response Coordinator. He is located in Bldg. T-126.

The Sexual Assault Prevention and Response Program was created to address the issue of sexual assault and to foster a culture of prevention. The Sexual Assault Response Coordinator is the source of allowing personnel to report sexual assaults confidentially. To report a sexual assault or for details about the program, call 535-SARC (7272).

Straight Talk Line

The number to the Lajes Field Straight Talk Line is 2-3542 or 295-573-542. This line is updated during emergencies, Force Protection Condition changes and more. For more information on the Straight Talk Line, call 2-2369.

Busch extends offer

Anheuser-Busch said it will extend through 2006 its "Here's to the Heroes" program that last year provided free theme park visits to 900,000 U.S. military service people and their dependents. Busch Gardens Tampa Bay, Adventure Island in Tampa and Sea World in Orlando are among the Busch theme parks participating. For details, visit www.herosalute.com.

New postage rates

The U.S. Postal Service has increased postal rates and fees. The single-piece rate for First-Class mail will increase from 37 cents to 39 cents, and the postcard rate will increase by one cent, to 24 cents.

Customer College

The following is a list of Customer College graduates from the Bachelor's Class Jan. 10-12.

The distinguished graduate was Carlos Coelho, Defense Commissary Agency.

Other graduates were:

Staff Sgt. Corey Kenney, 65th Medical Support Squadron; Staff Sgt. Pamela Joe, 65th Medical Operations Squadron; Sarah Helbig, 65th Air Base Wing; Nancy Lewis, 65th Civil Engineer Squadron; Tech. Sgt. Chrystel Harris, 65th Mission Support

Squadron; Staff Sgt. Ana Valenzuela, 65th MSS; Senior Airman Mathew Reindl, 65th Comptroller Squadron; Senior Airman Eric Ruiz, 65th Operations Support Squadron; Airman Basic Patricia Gayles, 65th Services Squadron; Nancy Robertson, 65th CES; and Almerindo Azera, 65th SVS.

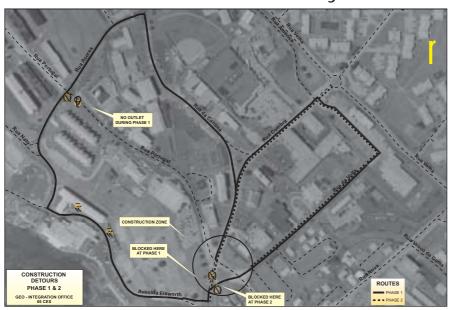
Customer College is constructed to deliver the training, resources, tools, and initial skills required for customer service professionals to provide comprehensive care and service that exceeds customer expectations.

https://info.lajes.af.mil

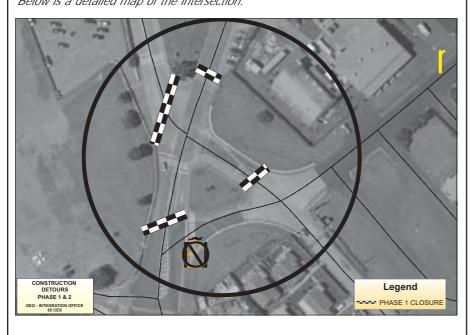
Combat Focus



Road construction underway



Above is an overview of the detours that will take place during a road construction project scheduled on the three-way intersection which passes by T-100, T-112 and the walking gate. The construction project will have two phases. Phase one includes the triangle portion of the road along the side walk, which will be constructed with concrete. During phase two, the road in front of the triangle and T-112 parking exit-ramp will be reconstructed with new asphalt. There will be detour signs to instruct drivers on the best alternate route. The parking lot of Bldg. T-112, the consolidated support center will be closed during a portion of the construction for repavement. Two-way traffic will be able to pass through where Bldg. T-122 is during the construction period. Parents who use the child development center should enter the Beir Mar gate entrance during phase two. The project is scheduled to be complete in May. Below is a detailed map of the intersection.



Aggressor Squadron stands up at Nellis

By Senior Airman J.G. Buzanowski

Air Force Print News

WASHINGTON (AFPN) — The Air Force will reactivate the 65th Aggressor Squadron at Nellis Air Force Base, Nev., Jan. 12.

In a letter to Airmen, Gen. T. Michael Moseley, Air Force chief of staff, cited the history of the unit as "legendary" and said the aggressors will "directly contribute to the combat capability of our Airmen."

"The 65th and other aggressor units will provide realistic adversary training in air, space and information operations that make us even better," General Moseley said. "Their training will keep us innovative as we fight this global war on terror and defend this great nation in the face of modern threats and tactics that continue to proliferate."

"We have to have adversarial training to remain razor sharp," he said.

The unit will stand up with nine F-15C Eagles, and later will be expanded to a total of 24 fighters. The squadron was last active in 1989 when it operated F-5E Tiger II aircraft.

Once active, the squadron will fly alongside the F-16 Fighting Falcons of the 64th Aggressor Squadron — part of the Air Force's advanced composite force training team.

In the letter, the general also said advanced adversarial training will better prepare Airmen. He also urged people to "use these opportunities to continually innovate and improve our tactics, technologies and training."

"If we do that then we will continue to dominate air, space and cyberspace," General Moseley said.



The 65th Aggressor Squadron was reactivated Jan. 12. It begins with nine F-15C Eagles. (Photo by Master Sqt. Val Gempis)



Fluoride supplements change here

By Capt. Adam Huhn Dental Support Chief

Pluoride is a naturally occurring mineral that is very beneficial to oral health. When the proper dose of fluoride is exposed to teeth, it helps to make teeth stronger and more resistant to cavities. It is most beneficial in children when the adult teeth are still forming.

For years, 65th Medical Group personnel have given fluoride supplements to all children during in-processing.

A low-level dose in public water supply is the most common and most predictable way of delivering fluoride. However, since fluoride is not present in the on-base water supply, and fluctuates in the offbase water supply, fluoride supplements were issued.

If not monitored properly, fluoride drops or tablets may cause a child to be exposed to too much fluoride. High levels of fluoride will not prevent cavities any more than the preferred low-level exposure. In fact, too much fluoride may cause a brown and white speckled appearance in the developing adult teeth in children.

In the military, we come from all different areas of the world, and children are exposed to different levels of fluoride depending on where they live. The American Dental Association still recommends fluoride supplementation for high cavity risk patients in areas that lack fluoridated water. However, recent studies have shown that many foods, drinks, and juices are processed with fluoride-containing water. Due to the possible exposure of multiple sources of fluoride, we now recommend fluoride supplementation be prescribed on a caseby-case basis by a dentist after discussing previous fluoride exposure, diet, risk for cavities and oral hygiene habits.

For most children, we recommend that they receive their fluoride exposure from bottled water with fluoride added.

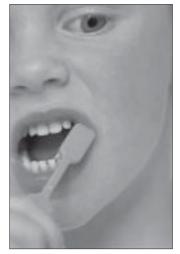
Army and Air Force Exchange Service and the Defense Commissary Agency managers have been contacted about carrying bottled water with added fluoride at the commissary and shoppette. The estimated time of arrival is February.

It is possible to make fluo-

ridated water by yourself as well. Simply crush a 1.1 mg Sodium Fluoride tablet and dissolve in five liters of water. The commissary sells large five liter jugs of bottled water which makes this method easy and convenient. This method gives you the proper concentration of 0.1 parts per million fluoride that is recommended by the ADA in drinking water. This water is safe to drink by all ages, and can be substituted for your normal drinking water.

Also, use toothpaste with fluoride. Use only a pea-sized amount of toothpaste spread out on the brush to be sure not to expose your children to too much fluoride. Encourage them to spit it out as they brush. For older children who can rinse and spit (ages 5 and up), fluoride-containing mouth rinses are also available, such as Act mouth rinse. Normally, using the fluoridated toothpaste and water provide the best combination of multiple topical application with lowfluoride concentration throughout the day.

For more information about fluoride supplements, or any other matter concerning



Children can use a pea-sized amount of toothpaste with fluoride, in conjunction with fluoridated water to get the right amount of fluoride needed to keep teeth strong and help resist cavities. (Courtesy photo)

your child's dental health, contact the dental clinic.

For routine examinations/ cleanings, contact the clinic the week before the sponsor's birth month for an appointment. However, for any urgent/ emergent care needs, or for any questions, call anytime at 535-3139.

Two Airmen sentenced in courts-martial last week

By 1st Lt. Michael Hyland 65th ABW Public Affairs

Two airmen were sentenced during courts- martial here Jan. 10.

The first senior airman pleaded guilty to using Methamphetamine and was sentenced by special court-martial to a reduction in rank and 75 days confinement.

Senior Airman Nicholas Knaggs was charged Jan. 3 under Uniform Code of Military Justice article 112a: wrongful use, possession, etc., of controlled substances.

Military Judge, Col. Gordon Hammock, sentenced Airman Knaggs to a reduction in rank to E-2 and 75 days confinement, which he will serve at the U.S. Army detention center in Mannheim, Germany.

Airman Knaggs faced a maximum of

one year confinement, reduction in rank to E-1, loss of two-thirds pay per month for 12 months, and a bad conduct discharge.

Airman Jared Miller was charged Jan. 4, under Uniform Code of Military Justice article 107; making a false official statement, and article 134; dishonorably failing to pay a just debt, specifying that he did not pay his landlord eight months of rent totaling 6,400 euros.

Judge Hammock sentenced Airman Miller to a reduction in rank to E-2 and three months confinement, which he will serve at the U.S. Army detention center in Mannheim. Germany.

Airman Miller faced a maximum of 1

year confinement, reduction in rank to E-1, loss of two-thirds pay per month for 12 months, and a bad conduct discharge.

Maj. Derek Grimes, 65th Air Base Wing

Staff Judge Advocate, said an important note from this case is that the random urinanalysis program is effective in catching users. "He used Methamphetamines while home on leave and was randomly caught when he got back, resulting in a court martial conviction of 75 days and a reduction to E-2."

Major Grimes also stressed the potential consequences of neglecting to pay debts and trying to get away without settling them based on the conviction in the other Airman's case.





Project Wizard

Lajes Library offers much me

By Staff Sgt. Christin Michaud 65th ABW Public Affairs

nyone looking for books knows the library is the place to go, but thanks to one Combat and Special Interest Program, the library here offers more.

Project Wizard is a program to increase learning opportunities for military members and their dependents through U.S. Air Forces in Europe libraries.

The program has brought several improvements to the library here.

Since October 2003, when the program was implemented, the number of visits has increased more than 140 percent and the circulation - the number of items people checkout - has increased more than 120 percent, according to Barbara Biljan, reference librarian.

We've significantly increased our book collection with current titles to meet the educational needs of our military members," said Ms. Biljan.

For years, libraries have been traditionally associated with books, but now there is more.

'We have an excellent library collection that includes traditional print materials, DVDs, CDs, research databases, and study materials for CLEP, DANTES and ASVAB," explained Barbara Biljan, reference librarian. "We have something to meet everyone's educational and recreational needs.'

People who want to read daily

newspapers like USA Today or the Washington Post can now do so thanks to satellite newspaper service.

With the initial funds the library received, we purchased a program that allows us to download and print the USA Today and Washington Post newspapers the same day they are published," Ms. Biljan said. "Customers can actually read the daily paper, rather than having to wait two weeks until the print copy arrives.

Project Wizard funds were used to add more variety to the existing inventory.

'We've added a new young adult books collection which offers many more choices for our teen and preteen customers.

There are also special programs for children's and teens including a regular story hour Friday at 3 p.m., teen mystery nights and contests.

For children, there are three computers that offer learning programs for ages 2 through the students in the fifth

'They are kid friendly," Jodi Warminsky explained of the computer stations that resemble legos in primary colors. The stations are designed for children with a kid-friendly monitor that doesn't include the buttons traditionally found on monitors as well as a mouse designed for children. "The icons are animated, so the children who can't read can click on the pictures.

The 13 standard computers available for personal use and internet

access are a popular feature at the library.

A new feature they've been able to offer since Project Wizard started is wireless service. "The library has two wireless servers which allow customers to use their laptops throughout the library — or from their car - the signal reaches outside the building in the parking lot, and I've heard at the coffee shop in the BX," Ms. Biljan said.

'Project Wizard made an immediate impact as I would use the library's Internet to stay up with my personal email when I first arrived at Lajes," said Capt. Brad Stebbins, 65th Operations Support Squadron. "Once I moved into my house, I chose to continue taking advantage of Project Wizard through the use of my laptop and the library's Wi-fi network. While there, I found it convenient — and cost effective — to flip through the Air Force Times, catching up our service through another perspective. Then one day, I took a look at the Chief of Staff Reading List pamphlet and for the first time since grade school, I got a library card to check out some of the recommended books. I found that I missed pleasure reading and that I especially enjoyed histories and biographies. I have been reading more and more, ever since!"

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services aren't the only changes. There have been changes to the way the library looks and feels inside.

The appearance of the children's room is one bonus from Project Wizard.

"Funding allowed us to add custommade window seating, colorful chairs and wall decorations and a huge oceanthemed rug that kids can sprawl out on during storytime," Ms. Biljan said.

Other cosmetic changes to the library include a custom-made circulation desk as well as some rearranging to make the areas in the library more inviting.

'It's a nice place to come visit to browse for the latest best-sellers, block buster movies or just relax while flipping through a magazine," said Ms. Biljan.

'We're extremely proud of the services provided by our library here at

The improvements in inventory and

Three-year-old Ryan Simmons and his mother Anne get on the floor in the children's room at the library to make sure they don't miss any dinosaur books. They come to the library once a week to check out different books.



ore than books



s Mitchell looks at one of the DVDs the library has for customers to check out. he with a library card can check out videos or DVDs free for one week. There are more 2,800 videos and more than 1,000 DVDs available at the library.

" said Lt. Col. John Oliver, Services Squadron comer. "In addition to providuality products and a nable staff, I'm pleased he recognition we've ed at the command level. is one of only three bases in E to receive 4 Stars on the ous AF level 5-Star proand we're postured to e our fifth star this year. we do, we'll be the only one AFE. We invite all to come nd enjoy the library; it truly omething to offer to the base community.' e library is open Monday 4 .m.; Tuesday through day, 10 a.m. to 9 p.m.; y 10 a.m. to 6 p.m. and day and Sunday, 10 a.m. to



Ruby Ferren checks out a video from Barbara Biljan, librarian Wednesday at the base library. (Photos by Staff Sgt. Christin Michaud)

r more information, call 688.

USAFE libraries introduce online audio books

HQ USAFE SERVICES -SEMBACH AB GE -

U.S. Air Forces in Europe Libraries announce the addition of online audio books for all ages to its collection.



TumbleTalkingBooks

is a selection of audio books that can be accessed with any Internet computer.

The collection includes fiction and nonfiction including current popular titles and classics for adults, teens and children.

They're a breeze to use – go to the www.USAFElibraries.org site, click on the "TumbleBooks for Adults" link on the left side of the page, and you'll go right in – no password, login or special equipment or software needed. Just pick a title and start listening.

There's no checkout period, and a book can be used by any number of people at the same time. Listen to them at home or when you're TDV

However, because they use streaming audio, they may not work from your military work computer.

Though the collection is just 100 titles, they will be changing periodically. You can always send your suggestions on this or any other library program to the library e-mail box at <code>info@USAFElibraries.org</code>

The new **TumbleTalkingBooks** for Adults are the perfect complement to the TumbleBooks for Kids that USAFE libraries have offered for almost two years. These animated talking picture books just for kids come in several different languages, including English, French and Hebrew, so they can be used for language learning as well as just for fun. The site also offers exciting online educational games for USAFE's youngest customers. Take a look by going to www.USAFElibraries.org and clicking on "KIDS" and "TumbleBooks", or click the "TumbleBooks for Kids" link from the home page of the http://www.USAFElibraries.org website.

Check out the library website at www.USAFElibraries.org to find out more about TumbleTalkingBooks, TumbleBooks for Kids and all other USAFE Library programs.



USAFE libraries and Project Wizard brings "Becoming American" home

HQ USAFE SERVICES - SEMBACH AB GE — "Everywhere around the world, they're coming to America." Neil Diamond sang these words years ago, and they still hold true today. In 2004 alone nearly one million people from countries like Russia, Kenya, Chile, Fiji, Vietnam, El Salvador and India traveled to America to become US citizens.

To celebrate our diversity, the National Endowment for the Humanities (NEH) is sponsoring the program, 'We the People – Becoming American' (http://www.wethepeople.gov/). USAFE Libraries are highlighting this annual NEH program in February 2006. The program encourages young people to learn about American history and culture by reading about our immigrant past and present. NEH and the American Library Association have selected books that offer a fascinating and

inspiring introduction to what 'Becoming American' means. The following titles make up the *We the People* Bookshelf:

Grades K-3: *The Lotus Seed* by Sherry Garland, *Watch the Stars Come Out* by Riki Levinson, and *Grandfather's Journey* by Allen Say.

Grades 4-6: Immigrant Kids by Russell Freedman, The People Could Fly: African Black Folktales by Virginia Hamilton, Rip Van Winkle by Washington Irving, and In the Year of the Boar and Jackie Robinson by Bette Bao Lord.

Grades 7-8: Rifles for Watie by Harold Keith, The Glory Field by Walter Dean Myers, A Tree Grows in Brooklyn by Betty Smith, and Dragonwings by Laurence Yep.

Grades 9-12: Death Comes for the Archbishop by Willa Cather, Autobiography of Benjamin Franklin edited by Louis P. Masur, Barrio Boy by Ernesto

Galarza, and *Giants in the Earth: A*Saga of the Prairie by Ole Edvart
Rolvaag.

As part of the *We the People* program, the NEH is sponsoring an essay contest for high school juniors. The grand prize winner receives \$5,000 and a trip to Washington, D.C. Three Runners-Up will win \$1,000 each. The deadline is in April 2006, and details can be found soon on the *We the People* website.

The HQ USAFE Library office purchased copies of all the titles, and they're available now for checkout at USAFE Base Libraries. Visit www.usafelibraries.org/5-7.php for more information on the program. For information on your USAFE library location, programs or hours, visit www.usafelibraries.org and click on "Your Local Library."

Band Adam's Attic performs for Lajes Wednesday

By Staff Sgt. Christin Michaud 65th ABW Public Affairs

Armed Forces Entertainment is bringing another performance to Lajes families this month.

The pop/rock band "Adam's Attic" will perform Jan. 25 at the Top of the Rock club as their first stop in a three-country tour to Portugal, Spain and Italy.

The group is from Long Beach, Calif. They have spent the last 15 years recording a vast repertoire with three-time Grammy award winning producer, Richard Serrotta.

In January, the six-person ensemble released the album, "In the Blink of an Eye." It features the song "Autumn," which has been coined as a soldier's anthem.

"It's our anthem for the troops leaving their families and standing up for something bigger than themselves," said Joe Henry, the band's front man. "We cannot forget the real American heroes, our men and women risking their lives overseas."

Adam's Attic has formed an alliance with the Soldier's Angels Foundation pledging to give the charity a percentage of the proceeds from every purchase of the album, "In the Blink of an Eye", featuring "Autumn."

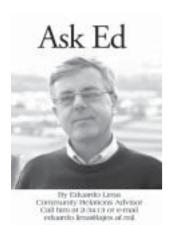
The group will perform songs like "Counting Blue Cars," by Dishwalla; "Longday," by Matchbox Twenty; "No Woman, No Cry," by Bob Marley and more during two concerts here.

A concert for families is scheduled for 6 p.m. Jan. 25 at the TORC, and a Late Night with "Adam's Attic" show is scheduled for 9 p.m. for adults.





Monte Brasil offers views, recreation, history



Question: Some friends of mine said they went to Mount Brasil one weekend. Can you tell me what it is?

Answer:

Monte Brasil, standing next to Angra City, is actually an inactive volcano. This elevation, although small, is a very pleasant area offering visitors some interesting vistas and a relaxing leisure spot.

One of the main attractions of the Monte Brasil area is the big stone wall that is part of the São João Batista Fortress. This wall is more than three miles long and partially surrounds Mount Brasil, separating it from the rest of the island. Built by order of Philip II of Spain when he took the Portuguese throne in 1580, it is one of the largest former Spanish bulwarks in the whole world.

The fortress' construction began in the beginning of the 17th century and concluded in 1640, when the people of Terceira rebelled against the Spanish occupation of the island. During a yearlong siege, a number of famous and prominent Portuguese people were imprisoned in the fortress, including King Alphonso VI and the father of the former President of the Republic, Mario Soares. The Portuguese Army's Regiment

of Garrison No. 1 is currently occupying the fortress.

Another spot worth visiting is a monument on top of Mount Brasil. This monument is actually a larger replica of the stone monuments early Portuguese explorers placed in the different territories they discovered. Engraved with the dates 1432 and 1932 on its west and east sides respectively, it was erected to commemorate the 500th anniversary of the discovery of the Azores by Portuguese navigators. The monument is located on a place called, "Pico das Cruzinhas" (Little Crosses Peak). This is where the Spanish installed the gallows where some of the island's leaders were hanged during the Spanish occupation as retaliation for the resistance offered by the island's population against the Spanish presence. This monument is a must-visit place, not only for its historical significance, but also for the stunning panoramic view of Angra and surrounding villages.

Not far from this monument visitors can also find a picnic area and a small zoo. The picnic area is a very enjoyable place, especially during the summer months. It offers some barbecue grills with tables and benches and has plenty of trees and shrubs to provide a pleasant shade to picnickers. The zoo can be found next to the picnic area and features some deer, goats, sheep and exotic birds.

The center of Monte Brasil is actually a huge volcano crater used today as a firing range for the Portuguese Army personnel stationed at the fortress and is the only area usually off limits to visitors.

Monte Brasil can be visited everyday between the hours of 9 a.m. and 5 p.m. Admittance is free.



Monte Brasil, the top portion of the photo, is a place to relax or get a great view of the island. It is an inactive volcano. (Courtesy photos)



São João Batista Fortress is seen above. The more than threemile-long wall was built by the Spanish and partially surrounds Monte Brasil. It is now occupied by Army Garrison No. 1.



The cannons were used as a means of protection on the São João Batista Fortress. Visitors can see this portion of the fort during their trip to Monte Brasil. From the fort, visitors can also view the city of Angra.



This church is located inside the fort and is still being used today for worship by the military. It open to the public as well.



Sports & Fitness Briefs

3-on-3 basketball Tournament

The Lajes High School Booster Club is sponsoring a 3-on-3 Basketball Tournament on Thursday at the high school. The registration fee is \$10 per team. Sign up by e-mail or phone. Contact Kurt Miller at kurt.miller@eu.dodea.edu or call him at 535-1106 or 966-360-725. Check in time for all teams is 12:30 p.m. at the gym.

Rumble on the Rock

The 65th Services Squadron will host the first

host the first Rumble on the Rock at Lajes Field, March 11.

The boxing event will be comprised of eight to 10



fights. It will be an evening of entertainment for all to enjoy but if anyone would like to do more than watch, there are plenty of volunteer opportunities in which to be involved. Volunteers are needed for officials, ushers, master of ceremonies, DJ, audio visual technicians, set up and tear down crews, parking attendees, security and of course, boxers. The competition is open

to anyone and is directed toward people with no boxing experience. Training will begin with a basic boxing class starting Monday. To sign up to box or for a volunteer position, call Capt. Chris Lance at 535-1151 or e-mail Robert.Lance@Lajes.af.mil.

Lajes Amazing Race

The 65th Services Squadron is hosting Lajes Amazing Race 2 p.m. Jan. 27. Two-person teams will compete in a scavenger hunt type race, similar to the television show. To participate, you must register by Wednesday at the fitness center. For more information, call Staff Sgt. Eric Ross at 535-1290.

Locker Rooms

The fitness center staff would like to remind patrons that the locker rooms are 220 volts. Anyone who needs to use any electrical items (electric shavers, blower dryers, etc.) should ensure they are dual voltage, and bring an adaptor. For more information, call Staff Sgt. Eric Ross at 535-1290.

Group Fitness Class

Group Fitness Classes have resumed at the main fitness center. The schedule is:

Monday

8:30 a.m. -- Step with Celia Noon -- Spin with Tina 4:15 p.m. -- Cardio Mix with

Manuela

5:15 p.m. -- Aero Kombat with Celia 6:15 p.m. -- Spin with Celia

Tuesday

6 a.m. -- Spin with Dawn

8:30 a.m. -- Circuit Training with

5:15 p.m. -- Circuit Training with Rui

6:15 p.m. -- Spin with Rui

Wednesday

8:30 a.m. -- Step with Celia Noon -- Spin with Tina

4:15 p.m. -- Cardio Mix with

Manuela

5:15 p.m. -- Step with Manuela

6:15 p.m. -- Spin with Georgina

Thursday

6 a.m. -- Spin with Dawn

8:30 a.m. -- Circuit Training with

5:15 p.m. -- Body Sculpting with Manuela

6:15 p.m. -- Spin with Manuela

Friday

8:30 a.m. -- Spin with Celia

Noon -- Spin with Tina

4:15 p.m. -- Cardio Mix with

Manuela

5:15 p.m. -- Step with Celia

6:15 p.m. -- Spin with Celia

Saturday

10 a.m. -- Spin with Celia

11 a.m. -- Circuit Training/Stretching with Rui

ARMCHAIR QUARTERBACK CHALLENGE

Each week during football season, the *Crossroads* publishes a list of the National Football League games of the week for Team Lajes to predict. The person with the most correct picks will win free movie passes (admit two), \$3 off any Burger King purchase and a "rent-one-get-one free" at the Shoppette donated by AAFES.

The number one-ranked Armchair Q.B. each week will get his or her name and photo published in the Crossroads and we'll also print any smack talk the winner chooses to submit.

The Armchair QB winner for the second week of playoffs was David Westrick. He tied with three others, but won with the tiebreaker points. Congrats to Lamar Isaac, Deborah Corder and Natalie Ishmael, who were close in the running.

There is still time to win.

Players can bring picks to the Public Affairs office in room 240 of Bldg. T-100 or e-mail them to <code>news@lajes.af.mil</code>. All entries must be submitted before the opening kickoff to the first game. For the Conference games, AQB players need to pick the team they think will win and the total score for each game.



"It was just too easy! Let's see another West Coast Super Bowl. Hey Capt. McGee, there's still time for you to win one."

-- David Westrick

Pittsburgh Steelers vs. Denver Broncos	

Total points:	

Carolina Panthers vs. Seattle Seahawks	

Total points:	

Conference





Hours of operation Ocean Front BX (Bldg.

T-207) Phone: 535-3444

Monday-Wednesday 10 a.m. to 6 p.m.; Thursday-Saturday 10 a.m. to 8 p.m.; and Sunday 10 a.m. to 8 p.m.

Flight View BX (Bldg. T-627) Phone: 535-5236

Monday-Wednesday 10 a.m. to 6 p.m.; Thursday-Saturday 10 a.m. to 8 p.m., Sunday 10 a.m. to 5 p.m.

Main Street Shoppette (Bldg. T-323) Phone: 535-3280

Monday-Friday 7:30 a.m. to 11 p.m.; Saturday 9 a.m. to 11 p.m. and Sunday 10

a.m. to 8 p.m.

Military Clothing Sales Store (Bldg. T-627) Phone: 535-3816

Sunday-Monday closed Tuesday - Saturday 10 a.m. to 6 p.m.

Car Care Center (Bldg. T-320) Phone: 535-5125 Sunday 10 a.m. to 5 p.m.

Monday-Saturday 10 a.m. to 6 p.m.

Reel Time Theater (Bldg. T-300) Phone: 535-4100

Showings Wednesday-Sunday

Beauty Shop (Bldg. T-400) (Walk-In Available) Phone: 535-4124

Sunday-Monday closed Tuesday-Saturday 10 a.m. to 6 p.m.

Barber Shop (Bldg. T-

400) Phone: 535-3396

Sunday closed; Monday-Friday 8:30 a.m. to 5 p.m.; Saturday 8 a.m. to 430 p.m.

New Car Sales (Bldg. T-202) Phone: 535-3173

Monday-Wednesday 10 a.m. to 6 p.m.; Thursday-Friday noon to 8 p.m.

Air Terminal Gift Shop (Bldg. T-612) Phone: 535-3227

Open for all arrivals and departures

AAFES Administrative Offices (Bldg. T-800)
Phone: 535-3209

Monday-Friday 8 a.m. to

Ilha Rent-a-Car (Bldg. T-207) Phone: 535-1278 Sunday closed; Monday-Saturday 9 a.m. to 6 p.m.

Frank's Franks (Bldg.

T-207) Phone: 535-1123 Monday-Sunday 11 a.m. to 6 p.m.

Vescovi Coffee Shop (Bldg. T-207) Phone: 535-1123

Monday-Sunday 7 a.m. to 6 p.m.

Burger King (Bldg. T-169) Phone: 535-3849

Monday-Thursday 7 a.m. to 9 p.m.; Friday-Saturday 7 a.m. to 11 p.m.; and Sunday 8 a.m. to 9 p.m.

AAFES Ocean View BX and Flight View BX are open on Portuguese Holidays from 10 a.m. to 5 p.m., except the Main Street Shoppette, which is open 10 a.m. to 8 p.m. All facilities are open normal hours on U.S. Holidays.

Tradewinds Dining Facility Menu

Today

Lunch: Mexican Baked Chicken,* Swiss Steak with Tomato Sauce and Stuffed Green Pepper

Dinner: Lasagna,* Spaghetti, Italian Sausage

Saturday

Lunch: Crispy Baked Chicken,* Cajun Meatloaf and Ribeye Steak

Dinner: Fish Almondine,* Stir Fry Chicken with Broccoli and Pork Chops with Mushroom gravy

Sunday

Lunch: Tuna and Noodles, Sauerbraten and Chicken Breast Parmesan*

Dinner: Ginger BBQ Chicken,* Fried Shrimp and Spinach Lasagna*

Monday

Lunch: Swiss Steak with Tomato Sauce, Baked Chicken* and Sweet Italian Sausage

Dinner: Roast Turkey,* Baked Ham and Fish and Chips

Tuesday

Lunch: Onion-Lemon Baked Fish,* Pork Schnitzel and Yakisoba

Dinner: Paprika Beef,* BBQ Beef Cubes and Chicken Fajitas

Wednesday

Lunch: Caribbean Jerk Chicken,* Beef Porcupines and Chicken Enchiladas

Dinner: Pita Pizzas,* Country Style Steak and Fried Chicken

Thursday

Lunch: Weekly Ethnic Meal -- Oriental -- Beef Sukiyaki, Szechwan Chicken,* Sweet and Sour Pork, Steamed Rice, Pork Fried Rice, Fried Cabbage, Glazed Carrots and Vegetable Stir Fry

Dinner: Mr. Z's Baked Chicken,* Pepper Steak and Pasta Primavera

*Denotes Healthy Heart item Menu subject to change

At the Movies

Today: 7 p.m. Harry Potter and the Goblet of Fire – Starring Daniel Radcliffe and Emma Watson

In his fourth year at Hogwarts, Harry faces his greatest challenges and dangers yet. When he is selected under mysterious circumstances as a contestant in the Triwizard Tournament, Harry must compete against the best young wizards from schools all over Europe. But as he prepares, signs begin to point to the return of Lord Voldemort. Before long, Harry is playing not just for the Cup, but for his life. Rated PG-13 150 min

10 p.m. Derailed -Starring Clive Owen and Jennifer Aniston

Advertising executive Charles is just another Chicago commuter who regularly catches the 8:43 a.m. train to work. But the one day he misses his train and meets Lucinda, his life is changed forever. Lucinda is charming, beautiful and seductive. Despite the fact that each are married with children, their attraction to one another is magnetic. Lunch dates quickly become cocktails after work. Rated R 110 min

Saturday: 7
p.m. Walk
the Line –
Starring
Joaquin Phoenix and Reese
Witherspoon

He picked cotton, sold door to door, and served in the Air Force. He was a voice of rebellion that changed the face of rock and roll. An outlaw before today's rebels were born - and an icon they would never forget. He did all this before turning 30. And his name was Johnny Cash. WALK THE LINE explores the early years of the music legend, an artist who transcended musical boundaries to touch people around the globe. As his music changed the world, Cash's own world was rocked by the woman who became the love of his life: June Carter. Rated PG-13 135 min

Sunday: 2 p.m. -Harry Potter and the Goblet of Fire

Sunday: 7 p.m. - Derailed

Wednesday - 7 p.m. - Walk the Line

Thursday - 7 p.m. Harry Potter and the Goblet of Fire Submission deadline is Thursday one week prior to publication. E-mail announcements in normal text with event, location, date, time, point of contact's full name and phone number/e-mail address to news@lajes.af.mil. For on-base numbers, dial 295-57 and the last four digits.

Community events

Open house: The Terceira Mar Hotel in Angra will sponsor an Open House, Jan. 28 from 2-8 p.m. A free cocktail drink will be served to the visitors during that period. Information will be available on the hotel's services and special rates.

Project Wizard

Story hour: The base library offers story time every Friday at 3 p.m., for children 7 and younger.

Combat Education

Education office move: The Education office has permanently moved to its new location in Bldg. T-146.

Oklahoma University classes: The Masters of Human Relations degree program with University of Oklahoma is a 36 credit hour, nonthesis degree that can be completed within 16-24 months.

The next course being offered is HR 5172-221, "Seminar in Applied Interpersonal Dynamics," an elective course towards the Master of Human Relations degree. The course dates are Feb. 28 - Mar. 5. The last day to add/drop will be Jan. 30. For details, call Jacyln Kemp at 535-3171.

Embry-Riddle Aeronautical University:

Embry-Riddle is currently holding registration for undergraduate and graduate distance learning courses that start in January.

For details, contact Terra Schellig at 535-3375.

Jobs/Volunteer

Services vacancies: The 65th Services Squadron vacancy listing is available at the Human Resources Office in Bldg. T-112 between 9 a.m. and 4 p.m. Monday through Friday. For details, call 295-575-200 or 535-5200.

Auto mechanic wanted: The Auto Hobby Shop is look-

ing for an experienced auto mechanic to teach classes. For more information call Victor Silva at 535-4140.

Combat Touch

New Creation Café: 7 p.m. today at Eddies Place.

Men's Spiritual Leadership Training/Breakfast: 8 a.m. Saturday at the chapel.

Little Flowers Girls' Club: 3 p.m. Monday in Bldg. T-1415B

SUM Dinner hosted by the Wing: 5:30 p.m. Thursday at the chapel.

Children and Youth Movie Night: 7 p.m. Jan. 27 at the chapel.

For more information on chapel events, call 535-4211.

Miscellaneous

Top of the Rock club member specials: Tuesday, \$2 Tuesday's, \$2 pitchers; Wednesday is Hump Day from 4 to 7 p.m., \$1 well special; Thursday is Thirsty Thursday, \$1.25 domestic bottles from 4 to 7 p.m.; Friday is super social hour, \$25 club card drawing at 7:15 p.m. Must be present to win. For more information on club specials call Kevin Gontarek at 535-3202.

Oceanview Island Grill daily specials: The Oceanview Island Grill serves the following daily specials:

Monday: Beef enchiladas with fries or salad \$5.25; Tuesday: Pizza special with two toppings \$11.50; Wednesday: Taco salad \$5.25; Thursday: Fried shrimp with fries or salad \$6.95; Friday: Roast chicken with mushroom choice of fries or rice \$5.25, or Spaghetti with meat and parmesan cheese \$5.25; and Saturday: Grill chicken with bacon and Swiss cheese with rice, fries or salad \$6.95.

For more information, call Artur Oliveira at 535-3287.

Girl Scout Cookie Sales: The Terceira Island Girl Scouts will be selling cookies at the Commissary, Ocean View BX and Shoppette at the following dates and times: Jan. 27 - 3:30 to 6:30 p.m.; Jan. 28 - 10:30 a.m. to 6:30 p.m.; Feb. 3 - 3:30 to 6:30 p.m.; and Feb. 4 - 10:30 a.m. to 6:30 p.m.

Cost is \$3.50 per box - only dollars accepted. The proceeds from the sale go to all six of the Girl Scout troops here on the island.

WIC Overseas: The new Women Infant and Children overseas office hours are 1:30 to 4:30 p.m. Monday through Friday. For eligibility requirements or to schedule an appointment, contact Hope McKendree at 535-1440.

No Tap Bowling Tournament: A tournament is scheduled for 7 p.m. Feb. 4 at the Hillside Lanes. Sign up starts at 6 p.m. and bowling begins at 7 p.m. Cost is \$15. Bowling is open to all adult bowlers. For details, call Nathan Folden at 535-6399 or e-mail nathan.folden@lajes.af.mil.

Terceira Island Circle: The next class is 6 to 8 p.m. Feb. 1 at the family support center. The class will be "Designer Soap Making." Come learn to create a variety of luxury soaps and take home a bar of your own.

Cooking Class: A cooking class is scheduled for 6 to 8 p.m. Wednesday in the FSC kitchen. The theme for this cooking class is "Game Day Party Ideas." Get ready for a Super Bowl Bash with tips on munchies, drinks, sweets, great decorations and fun ideas to make the party a real touchdown! For more information, call 535-4138.

Commissary: The Lajes Field Commissary is open Monday through Saturday 10:30 a.m. to 6:30 p.m. They are open Fridays until 7:30 p.m. Customers can call the departments directly. For customer service, call 535-6174, for the secretary, call 535-6124, for the produce department, call 535-5282 and for the deli/bakery, call 535-4182.

Furniture Store: The Army and Air Force Exchange Service furniture store is now open Tuesday through Saturday 10 a.m. to 6 p.m., in Bldg.

T-800. If customers can't find what they need, they should speak with the sales associate or management staff. For details, call 535-3606.

Valentine's Day Sale: The Officer's Spouses Club will be holding a "Pamper Your Sweetheart Valentine's Day Sale" on 10:30 a.m. to 6 p.m. in front of the Commissary. Gifts for sweetheart's include baked goods, spa scrubs, truffles, gift baskets, candles, jewelry and more. All donations benefit the OSC charitable funds.

Project CHEER

Madden NFL 06 Tournament: Noon, Jan. 28 and 29 at the Sun and Sand Hut. Stop by the community center, call 535-4135, or e-mail Terrance.Lundie@af.mil, to register. There is no cost to enter. Trophies will be awarded for first and second place. First place also receives a cash prize.

Classifieds

E-mail ads to news@lajes.af.mil. Ads are due by 5 p.m. Friday. Please remember to notify the Crossroads when items have been sold

For sale: Presto Hot Air Popcorn Maker, never opened, comes with two pounds of popping corn, \$15; Surefit Sofa Cover, neutral color, never used, \$80; Graco Travel System, comes with car seat, stroller, and base, \$100; Fisher Price 3-Stage Plano, ages 0 - 12 months, \$10; Graco Portable Swing, up to 22 lbs., \$40; Fisher Price Intellitainer, teaches numbers, letters and music, ages 5 months and up, \$65; Bottle Sterilizer, for wide and regular mouth bottles, used once, \$40; Medela Breast Pump, tubing, storage and accessories included, \$50; EvenFlo Breast Pump, battery or electric powered, \$25; 17 Inch Computer Monitor, \$30; Free - Computer Tower, great for parts, For information, call Josh or Nora at 295-549-601

For sale: 1993 Volkswagon Polo Great car/ clean Inspection good through Aug 06 Same owner past three years \$1500; Dirt bike - willing to sell 02 Kawasaki KX 250 Awesome, powerful bike Runs perfect Can only sell before Jan. 10 (PCS) \$3000 OBO I will show you the tracks on island!! Call Fred hm. 295-542-835 wk. 535-5111 e-mail @fredrick.cowell@lajes

Medium kennel for dogs up to 50lbs. Used six months. Our dog doubled in size and we just needed a bigger kennel. Contact Andy or Kimberly at 295-549-741 or Kimberly at 535-6722. \$30.

For Sale: Entertainment Center, almost brand new and in box, \$70; Wooden bookshelf, \$30. If interested please call 295-549-794.